

MODULE: INTRODUCTION TO RH & MIDWIFERY

PART I: MUTIPLE CHOICE QUESTIONS

(10 MARKS)

1. **The oblique diameter of the pelvic brim measures**
 - a) 12.5 cm.
 - b) 13 cm.
 - c) 11.5 cm.
 - d) 12 cm.
2. **Ms Ngare aged 34 years has lost two pregnancies at gestation of 18 and 21 weeks respectively. She is now referred to as a**
 - a) Multipara.
 - b) Nullipara.
 - c) Nonpara.
 - d) Grandepara.
3. **The uterine support that spreads out from the lateral aspect of the cervix to the side walls of the pelvis is the**
 - a) Perineal ligament
 - b) Pubocervical ligament
 - c) Uterosacral ligament
 - d) Mackenrodt's ligaments
4. **The CORRECT statement with regards to the menstrual cycle is**
 - a) Menstrual flow isn't capable of clotting due to presence of plasmin enzymes.
 - b) The main hormone responsible for the menstrual phase is follicle stimulating hormone.
 - c) The secretory phase involves regrowth and thickening of the endometrium.
 - d) Prolonged or shortened cycle results from response on the secretory phase.
5. **The NARROWEST part of the uterus is referred to as the**
 - a) Isthmus.
 - b) Cornua.
 - c) Internal cervical os.
 - d) Fundus.

6. **Which ONE of the following statements is correct with regards to the anatomy of the male genitalia?**
- a) At birth, the testes are contained within the abdominal cavity.
 - b) Tunica vaginalis is the innermost layer of the testis.
 - c) Spermatogenesis takes place in the seminiferous tubules.
 - d) Follicle stimulating hormone enhances production of testosterone.
7. **The two thin hairless longitudinal folds that make up the structure of the vulva are referred to as**
- a) Labia majus.
 - b) The perineum.
 - c) The clitoris.
 - d) Labia minus.
8. **On a lateral view, the normal position of the uterus is described as one of**
- a) Anteversion-ante extension.
 - b) Anteversion-anteflexion.
 - c) Anteflexion-upright.
 - d) Anteversion-dorsoflexion.
9. **The name given to the functional part of the female lactating breast is**
- a) The acini cells.
 - b) The lobes.
 - c) The lobules.
 - d) The oxytocin hormone.
10. **Ms. Letu is 22 years old. She says she has been experiencing heavy & prolonged menstrual bleeding. The nurse is aware that Ms Letu has**
- a) Dysmenorrhoea.
 - b) Metroharrgia.
 - c) Menorrhagia.
 - d) Normal menses.

PART II: SHORT ANSWER QUESTIONS

20 MARKS

- 1. Draw and label a diagram illustrating the vulva. **5 marks**
- 2. State four (4) functions of the female pelvis. **4 marks**
- 3. State four (4) characteristics indicative of the normal state of the vagina. **4 marks**
- 4. Outline three (3) functions of the cervix. **3 marks**

5. Explain two (2) pillars of the Maternal & Newborn Health (MNH) Model.

4 marks

PART III: ESSAY/LONG ANSWER QUESTION

20 MARKS

1. As an aspiring Reproductive Health practitioner, acquisition of basic knowledge in Midwifery is of paramount significance.

- a) Draw and label a diagram demonstrating the measurements of the non-pregnant uterus. **5 marks**
- b) State four (4) functions of the uterine tubes. **4 marks**
- c) Explain four (4) types of inherited pelvis **8 marks**
- d) List the first six (6) areas of the pelvic brim. **3 marks**